

Zeit	Vorname	Name	Jg.	AK	Verein	Platz Ges	Platz AK
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400m

	Virgenie	Behrend	2002	11w	GSAP	1	
	Jasmin	Schmidt	2007	6w	Parchim	2	
	Timon	Meyenburg	2007	6m	LAV	3	
	Vika	Krüger	2008	5w	Waren	4	
	Lillybell	Baumrucker	2006	7w	Waren	5	
	Finn Matteo	Krüger	2008	5m	Waren	6	
	Theresa	Graf	2008	5w	Waren	7	
	Henrik	Graf	2008	5m	Waren	8	

1500m

07:35,0	Tobias	Mandelkow	2005	8m	Klein Luckow	1	
07:39,0	Jannis	Krüger	2004	9m	LAV	2	
07:49,0	Marten	Schmidt	2006	7m	Aufbau Parchim	3	
07:58,0	Jette	Mach	2004	9w	Klein Luckow	4	
08:09,0	Johanna	Quiram	2005	8w	LAV	5	
08:21,0	Julius	Korth	2005	8m	Spitzkuhn	6	
08:24,0	Jamie	Pfennig	2004	9w	GSAP	7	
08:27,0	Sofia	Hesse	2006	7w	Klein Luckow	8	
09:22,0	Nele	Hundt	2002	11w	Klein Luckow	9	
09:23,0	Eva	Grüneburg	2004	9w	Klein Luckow	10	
09:28,0	Felix Bela	Wilke	2005	8m	Aufbau Parchim	11	
09:29,0	Ben	Strasen	2006	7m	Klein Luckow	12	
11:03,0	Fabian	Hinrichs	2004	9m	GSAP	13	
11:33,0	Felix	Krüger	2005	8m	Klein Luckow	14	
11:35,0	Tom Lucas	Götze	2005	8m	Klein Luckow	15	

5km -

22:21,0	Mario	Menning	74	M35	Langenhagen	1	
23:31,0	Tim	Könnecke	98	15m	LAV	2	
27:15,0	Celina	Kau	2002	11w	LAV	3	
28:20,0	Mateo	Menning	2001	12m	Langenhagen	4	
29:52,0	Birgit	Graf	72	W40	Waren	5	
30:25,0	Simone	Röhl-Krause	65	W45	SV Turb. Nbg.	6	
32:17,0	Karin	Meidow	57	W55	LAV	7	
32:40,0	Nicole	Handorf	83	W30	Louisenfeld	8	

27:15,0	Celina	Kau	2002	11w	LAV	3	1
28:20,0	Mateo	Menning	2001	12m	Langenhagen	4	1
23:31,0	Tim	Könnecke	98	15m	LAV	2	1
22:21,0	Mario	Menning	74	M35	Langenhagen	1	1
32:40,0	Nicole	Handorf	83	W30	Louisenfeld	8	1
29:52,0	Birgit	Graf	72	W40	Waren	5	1
30:25,0	Simone	Röhl-Krause	65	W45	SV Turb. Nbg.	6	1
32:17,0	Karin	Meidow	57	W55	LAV	7	1

Zeit	Vorname	Name	Jg.	AK	Verein	Platz Ges	Platz AK
10 km							
38:41,0	Joachim	Stelter	86	M20	MSC	1	
39:17,0	Heiko	Quiram	72	M40	LAV	2	
41:47,0	Jens	Poguntke	65	M45	Müritzer LSV	3	
42:29,0	Carsten	Westphal	62	M50	Müritz-Comp	4	
44:31,0	Dirk	Wiedewald	67	M45	schwerin	5	
45:19,0	Willfried	Schmölter	60	M50	Waren	6	
46:21,0	Uwe	Kosmehl	64	M45	LAV	7	
47:10,0	Andreas	Thämlitz	57	M55	Rostock	8	
47:38,0	Tobias	Wilke	77	M35	Parchim	9	
48:30,0	Steffen	Korth	67	M45	Spitzkuhn	10	
49:23,0	Andreas	Graf	71	M40	Waren	11	
49:59,0	Karsten	Schmidt	74	M35	Groß Godems	12	
52:01,0	Anja	Borries	72	W40	Waren	13	
54:28,0	Thomas	Müller	80	M30	Rostock	14	
57:06,0	Michael	Plothe	70	M40	Rostock	15	
57:17,0	Martina	Krüger	78	W35	LAV	16	
58:47,0	Wolfgang	Wienß	62	M50	Gera	17	
58:56,0	Kristina	Müller	60	W50	LAV	18	
58:56,0	Galina	Runge	62	W50	LAV	19	
59:30,0	Konrad	Ponndorf	47	M65	de Müritzlöper	20	
59:31,0	Ina	Könnecke	67	W45	LAV	21	
1:04:38,0	Dieter	Bargel	46	M65	LSV Teterow	22	
1:05:07,0	Dr. Silke	Dinsel	59	W50	MSC	23	

38:41,0	Joachim	Stelter	86	M20	MSC		1
54:28,0	Thomas	Müller	80	M30	Rostock		1
47:38,0	Tobias	Wilke	77	M35	Parchim		1
49:59,0	Karsten	Schmidt	74	M35	Groß Godems		2
39:17,0	Heiko	Quiram	72	M40	LAV		1
49:23,0	Andreas	Graf	71	M40	Waren		2
57:06,0	Michael	Plothe	70	M40	Rostock		3
41:47,0	Jens	Poguntke	65	M45	Müritzer LSV		1
44:31,0	Dirk	Wiedewald	67	M45	schwerin		2
46:21,0	Uwe	Kosmehl	64	M45	LAV		3
48:30,0	Steffen	Korth	67	M45	Spitzkuhn		4
42:29,0	Carsten	Westphal	62	M50	Müritz-Comp		1
45:19,0	Willfried	Schmölter	60	M50	Waren		2
58:47,0	Wolfgang	Wienß	62	M50	Gera		3
47:10,0	Andreas	Thämlitz	57	M55	Rostock		1
59:30,0	Konrad	Ponndorf	47	M65	de Müritzlöper		1
1:04:38,0	Dieter	Bargel	46	M65	LSV Teterow		2
57:17,0	Martina	Krüger	78	W35	LAV		1
52:01,0	Anja	Borries	72	W40	Waren		1
59:31,0	Ina	Könnecke	67	W45	LAV		1
58:56,0	Kristina	Müller	60	W50	LAV		1
58:56,0	Galina	Runge	62	W50	LAV		2
1:05:07,0	Dr. Silke	Dinsel	59	W50	MSC		3

10km -Walking

01:09:13	Jürgen	Behrend	38	M75	MSC		
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