

5 KM

	Name	Vorname	Jg.	AK	Verein	Zeit	PI. Ges	PI AK
52	Solf	Jobst	90	M20	MSC	17:21,0	1	
51	Solf	Johanna	93	WJA	MSC	21:50,0	2	
40	Walter	Elisa	98	14w	Reinsberg	22:33,0	3	
17	Fischer	Bernd	60	M50	SC Laage	32:39,0	4	
25	Stache	Matthias	95	MJB	SC Laage	23:38,0	5	
34	Könnecke	Rainer	65	M45	LAV	23:51,0	6	
33	Haug	Dietlind	61	W50	LAV	24:20,0	7	
35	Könnecke	Andy	91	M20	LAV	25:09,0	8	
23	Schulze	Florian	98	14m	SC Laage	25:24,0	9	
50	Zobel	Florian	93	MJA	LAV	25:26,0	10	
47	Bauermann	Fidi	57	M50	Waren	25:33,0	11	
42	Goerlt	Anton	2000	12m	Waren	25:37,0	12	
9	Grobbecker	Greta	99	13w	SC Laage	25:49,0	13	
108	Grobecker	Petra	68	W40	SC Laage	25:51,0	14	
36	Könnecke	Tim	98	14m	LAV	25:59,0	15	
14	Heise	Maximilian	2001	11m	SC Laage	27:29,0	17	
7	Blum	Paul	2000	12m	SC Laage	27:29,0	16	
44	Könnecke	Ina	67	W45	LAV	27:44,0	18	
12	Harms	Heike	66	W45	SC Laage	28:12,0	19	
39	Dörner	Jan-Philipp	2003	9m	LAV	28:25,0	20	
49	Fritsch	Andreas	63	M45	Berlin	28:47,0	21	
21	Kanserske	Thomas	97	15m	SC Laage	29:15,0	22	
6	Blum	Matty	2003	9m	SC Laage	29:23,0	23	
2	Arendt	Pia	o1	11w	SC Laage	29:25,0	24	
8	Eichler	Maja	2000	12w	SC Laage	29:25,0	25	
46	Quiram	Arne	2004	8m	LAV	29:29,0	26	
41	Goerlt	Paula	98	14w	Waren	29:31,0	27	
37	Kosmehl	Uwe	64	M45	LAV	29:33,0	28	
18	Kanserske	Andreas	64	M45	SC Laage	29:40,0	29	
26	Stolzke	Jannis	oo	12m	SC Laage	29:46,0	32	
3	Bartusch	Sonja	99	13w	SC Laage	29:46,0	30	
5	Blum	Jeannine	78	W30	SC Laage	29:46,0	31	
53	Josek	Frank	63	M45	Nbg.	30:05,0	33	
48	Spietz	Manuela	67	W40	Nbg.	30:36,0	34	
43	Dobbertin	Klaus	52	M60	Turbine	30:39,0	35	
13	Westphal	Tom	2001	11m	SC Laage	30:49,0	36	
15	Heise	Jennifer	2003	9w	SC Laage	30:49,0	37	
24	Stache	Andre'	65	M45	SC Laage	30:53,0	38	
32	Trebbin	Gabi	55	M55	Turbine	31:23,0	39	
45	Kahl	Julia	98	14w	Nbg.	31:25,0	41	
29	Strobach	Lena	98	14w	Turbine	31:25,0	40	
28	Strobach	Grit	66	W45	Turbine	31:32,0	42	
16	Jänike	Silke	64	W45	SC Laage	31:47,0	43	
1	Arendt	Heidi	71	W40	SC Laage	32:01,0	44	
30	Rechlin	Birgit	64	W45	Turbine	32:25,0	45	
31	Hartmann	Anke	67	W45	Turbine	32:25,0	46	
54	Josek	Kathrin	64	W45	Nbg.	32:48,0	47	
11	Gudera	Christiane	66	W45	SC Laage	32:50,0	48	
20	Kanserske	Kerstin	95	WJB	SC Laage	34:31,0	49	
19	Kanserske	Silke	67	W45	SC Laage	39:03,0	50	

	Name	Vorname	Jg.	AK	Verein	Zeit	Pl. Ges	Pl AK
46	Quiram	Arne	2004	8m	LAV	29:29,0		1
39	Dörner	Jan-Philipp	2003	9m	LAV	28:25,0		1
6	Blum	Matty	2003	9m	SC Laage	29:23,0		2
15	Heise	Jennifer	2003	9w	SC Laage	30:49,0		1
14	Heise	Maximilian	2001	11m	SC Laage	27:29,0		1
13	Westphal	Tom	2001	11m	SC Laage	30:49,0		2
2	Arendt	Pia	2001	11w	SC Laage	29:25,0		1
42	Goerlt	Anton	2000	12m	Waren	25:37,0		1
7	Blum	Paul	2000	12m	SC Laage	27:29,0		2
26	Stolzke	Jannis	2000	12m	SC Laage	29:46,0		3
8	Eichler	Maja	2000	12w	SC Laage	29:25,0		1
9	Grobbecker	Greta	99	13w	SC Laage	25:49,0		1
3	Bartusch	Sonja	99	13w	SC Laage	29:46,0		2
23	Schulze	Florian	98	14m	SC Laage	25:24,0		1
36	Könnecke	Tim	98	14m	LAV	25:59,0		2
40	Walter	Elisa	98	14w	Reinsberg	22:33,0		1
41	Goerlt	Paula	98	14w	Waren	29:31,0		2
45	Kahl	Julia	98	14w	Nbg.	31:25,0		3
29	Strobach	Lena	98	14w	Turbine	31:25,0		3
21	Kanserske	Thomas	97	15m	SC Laage	29:15,0		1
51	Solf	Johanna	93	WJA	MSC	21:50,0		1
20	Kanserske	Kerstin	95	WJB	SC Laage	34:31,0		1
50	Zobel	Florian	93	MJA	LAV	25:26,0		1
25	Stache	Matthias	95	MJB	SC Laage	23:38,0		1
52	Solf	Jobst	90	M20	MSC	17:21,0		1
35	Könnecke	Andy	91	M20	LAV	25:09,0		2
34	Könnecke	Rainer	65	M45	LAV	23:51,0		1
49	Fritsch	Andreas	63	M45	Berlin	28:47,0		2
37	Kosmehl	Uwe	64	M45	LAV	29:33,0		3
18	Kanserske	Andreas	64	M45	SC Laage	29:40,0		4
53	Josek	Frank	63	M45	Nbg.	30:05,0		5
24	Stache	Andre'	65	M45	SC Laage	30:53,0		6
17	Fischer	Bernd	60	M50	SC Laage	32:39,0		1
47	Bauermann	Fidi	57	M50	Waren	25:33,0		2
32	Trebbin	Gabi	55	M55	Turbine	31:23,0		1
43	Dobbertin	Klaus	52	M60	Turbine	30:39,0		1
5	Blum	Jeannine	78	W30	SC Laage	29:46,0		1
108	Grobecker	Petra	68	W40	SC Laage	25:51,0		1
48	Spietz	Manuela	67	W40	Nbg.	30:36,0		1
1	Arendt	Heidi	71	W40	SC Laage	32:01,0		3
44	Könnecke	Ina	67	W45	LAV	27:44,0		1
12	Harms	Heike	66	W45	SC Laage	28:12,0		2
28	Strobach	Grit	66	W45	Turbine	31:32,0		3
16	Jänike	Silke	64	W45	SC Laage	31:47,0		4
30	Rechlin	Birgit	64	W45	Turbine	32:25,0		5
31	Hartmann	Anke	67	W45	Turbine	32:25,0		6
54	Josek	Kathrin	64	W45	Nbg.	32:48,0		7
11	Gudera	Christiane	66	W45	SC Laage	32:50,0		8
19	Kanserske	Silke	67	W45	SC Laage	39:03,0		9
33	Haug	Dietlind	61	W50	LAV	24:20,0		1

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Name	Vorname	Jg.	AK	Verein	Zeit	Pl. Ges	Pl.Ak
38	Ansorge	Jan	74	M35 LAV	0:40:25,0	1	
134	Fritsch	Bernd	54	M55 Müritzer LSV 04	0:40:46,0	2	
131	Quiram	Heiko	72	M40 LAV	0:41:19,0	3	
112	Schlinke	Torben	94	MJA SC Laage	0:42:12,0	4	
116	Poguntke	Jens	65	M45 Müritzer LSV 04	0:42:19,0	5	
119	Hoff	Gerald	78	M30 Berlin	0:42:55,0	6	
140	Einsle	Andreas	63	M45 LAV	0:43:39,0	7	
132	Fritsche	Ronny	71	M40 SV Turbine	0:43:48,0	8	
109	Kanserske	Stefan	93	MJA SC Laage	0:46:24,0	9	
100	Bartusch	Falk	66	M45 SC Laage	0:46:56,0	10	
137	Rütz	Max	99	13m Gym. Torgelow	0:47:49,0	11	
138	Eiland	Philip	95	MJB Gym. Torgelow	0:47:50,0	12	
106	Grobbecker	Stefan	68	M40 SC Laage	0:49:09,0	14	
103	Gewiese	Stefanie	82	W30 SC Laage	0:49:09,0	13	
128	Bauer	Carolin	91	W20 LAV	0:49:30,0	15	
127	Bauer	Berit	66	W45 LAV	0:50:50,0	16	
136	Bräutigam	Ralf	62	M45 Berlin	0:52:10,0	17	
130	Karberg	Katrin	76	W35 LAV	0:52:20,0	18	
110	Knabe	Carolin	92	WJA SC Laage	0:52:24,0	19	
104	Grobbecker	Stella	96	WJB SC Laage	0:52:24,0	19	
139	Behncke	Eckhard	61	M50 Waren	0:53:39,0	21	
133	Großer	Ina	67	W45 LAV	0:54:03,0	22	
129	Müller	Kristina	61	W50 LAV	0:56:10,0	23	
101	Fischer	Jana	73	W35 SC Laage	0:57:17,0	24	

Name	Vorname	Jg.	AK	Verein	Zeit	Pl. Ges	Pl.Ak
137	Rütz	Max	99	13m Gym. Torgelow	0:47:49,0		1
110	Knabe	Carolin	92	WJA SC Laage	0:52:24,0		1
104	Grobbecker	Stella	96	WJB SC Laage	0:52:24,0		1
112	Schlinke	Torben	94	MJA SC Laage	0:42:12,0		1
109	Kanserske	Stefan	93	MJA SC Laage	0:46:24,0		2
138	Eiland	Philip	95	MJB Gym. Torgelow	0:47:50,0		1
119	Hoff	Gerald	78	M30 Berlin	0:42:55,0		1
38	Ansorge	Jan	74	M35 LAV	0:40:25,0		1
131	Quiram	Heiko	72	M40 LAV	0:41:19,0		1
132	Fritsche	Ronny	71	M40 SV Turbine	0:43:48,0		2
106	Grobbecker	Stefan	68	M40 SC Laage	0:49:09,0		3
116	Poguntke	Jens	65	M45 Müritzer LSV 04	0:42:19,0		1
140	Einsle	Andreas	63	M45 LAV	0:43:39,0		2
100	Bartusch	Falk	66	M45 SC Laage	0:46:56,0		3
136	Bräutigam	Ralf	62	M45 Berlin	0:52:10,0		4
139	Behncke	Eckhard	61	M50 Waren	0:53:39,0		1
134	Fritsch	Bernd	54	M55 Müritzer LSV 04	0:40:46,0		1
128	Bauer	Carolin	91	W20 LAV	0:49:30,0		1
103	Gewiese	Stefanie	82	W30 SC Laage	0:49:09,0		1

130	Karberg	Katrin	76	W35	LAV	0:52:20,0	1
101	Fischer	Jana	73	W35	SC Laage	0:57:17,0	2
127	Bauer	Berit	66	W45	LAV	0:50:50,0	1
133	Großer	Ina	67	W45	LAV	0:54:03,0	2
129	Müller	Kristina	61	W50	LAV	0:56:10,0	1

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Name	Vorname	Jg.	AK	Verein	Zeit	Pl. Ges.	Pl.Ak
206	Reichhold	Fred	62	M50	Lok Potsdam	0:58:36	1
210	Bollow	Alexander	72	M40	Turbine	0:59:20	2
203	Kaufmann	Kathleen	79	W30	Mollenstorf	1:06:54	3
213	Thiemann	Fabian	90	M20	Waren	1:07:28	4
202	Buch	Stephan	76	M35	Kiel	1:07:44	5
220	Teske	Toralf	66	M45	LSV Teterow	1:08:54	6
216	Kniesz	Jürgen	55	M55	Waren	1:15:55	7
212	Lemke	Gerhard	55	M55	Turbine	1:16:31	8
205	Richter	Holger	63	M45	LG Fleesensee	1:17:29	9
204	Hoedemacher	Uwe	62	M50	LG Fleesensee	1:17:29	9
217	Schüler	Volker	55	M55	LSV Teterow	1:18:31	11
221						1:20:54	12
219	Ponndorf	Konrad	47	M65	Waren	1:22:26	13
121	Kundt	Bärbel	64	W45	Turbine	1:22:27	14
209	Lindow	Margitta	61	W50	Turbine	1:22:28	15
208	Kuhrt	Elke	60	W50	Turbine	1:28:48	16
218	Walther	Monika	55	W55	Turbine	1:36:15	17

Name	Vorname	Jg.	AK	Verein	Zeit	Pl. Ges.	Pl.Ak
213	Thiemann	Fabian	90	M20	Waren	1:07:28	1
202	Buch	Stephan	76	M35	Kiel	1:07:44	1
210	Bollow	Alexander	72	M40	Turbine	0:59:20	1
220	Teske	Toralf	66	M45	LSV Teterow	1:08:54	1
205	Richter	Holger	63	M45	LG Fleesensee	1:17:29	2
206	Reichhold	Fred	62	M50	Lok Potsdam	0:58:36	1
204	Hoedemacher	Uwe	62	M50	LG Fleesensee	1:17:29	2
216	Kniesz	Jürgen	55	M55	Waren	1:15:55	1
212	Lemke	Gerhard	55	M55	Turbine	1:16:31	2
217	Schüler	Volker	55	M55	LSV Teterow	1:18:31	3
219	Ponndorf	Konrad	47	M65	Waren	1:22:26	1
203	Kaufmann	Kathleen	79	W30	Mollenstorf	1:06:54	1
121	Kundt	Bärbel	64	W45	Turbine	1:22:27	1
209	Lindow	Margitta	61	W50	Turbine	1:22:28	1
208	Kuhrt	Elke	60	W50	Turbine	1:28:48	2
218	Walther	Monika	55	W55	Turbine	1:36:15	1
221						1:20:54	12

20 KM

Name	Vorname	Jg.	AK	Verein	Zeit	Pl. Ges	Pl.Ak	
323	Schmitus	Manfred	56	M50	LSV Teterow	1:34:07,0	1	1
322	Dammann	Peter	61	M50	LSV Teterow	1:43:04,0	2	2
320	Gerhardt	Andy	78	M30	TSV 90 Röbel	1:44:43,0	3	1
316	Stromeyer	Herbert	41	M70	HSG Greifswald	1:44:46,0	4	1

HM

Name	Vorname	Jg.	AK	Verein	Zeit	Pl Ges	Pl.Ak	
379	Lehmann	Bernd	67	M45	Waren	1:29:22,0	1	
362	Braun	Sven	77	M35	Waren	1:30:02,0	2	
355	Jänike	Bernd	65	M45	SC Laage	1:30:52,0	3	
460	Beyer	Jörg	64	M45	Bundespolizei Warnemd.	1:34:58,0	4	
354	Holzmüller	Martin	83	M20	SC Laage	1:38:13,0	5	
358	Hakert	Daniel	80	M30	Husum/Nordfriesland	1:39:07,0	6	
364	Bromund	Frank	63	M45	Turbine	1:47:19,0	7	
365	Kiesendahl	Fred		M50	Post Telekom Schwer.	1:48:34,0	8	
376	Reckling	Udo	48	M60	HSV	1:49:54,0	9	
377	Mundt	Elke	60	W50	PSV Nbg.	1:54:39,0	10	
315	Ernst	Klaus	46	M65	Lupus Team Zehdenick	1:54:56,0	11	
207	Bläß	Tobias		M30	Rostock	2:02:02,0	12	

354	Holzmüller	Martin	83	M20	SC Laage	1:38:13,0	5	1
358	Hakert	Daniel	80	M30	Husum/Nordfriesland	1:39:07,0	6	1
207	Bläß	Tobias		M30	Rostock	2:02:02,0	12	2
362	Braun	Sven	77	M35	Waren	1:30:02,0	2	1
379	Lehmann	Bernd	67	M45	Waren	1:29:22,0	1	1
355	Jänike	Bernd	65	M45	SC Laage	1:30:52,0	3	2
460	Beyer	Jörg	64	M45	Bundespolizei Warnemd.	1:34:58,0	4	3
364	Bromund	Frank	63	M45	Turbine	1:47:19,0	7	4
365	Kiesendahl	Fred		M50	Post Telekom Schwer.	1:48:34,0	8	1
376	Reckling	Udo	48	M60	HSV	1:49:54,0	9	1
315	Ernst	Klaus	46	M65	Lupus Team Zehdenick	1:54:56,0	11	1
377	Mundt	Elke	60	W50	PSV Nbg.	1:54:39,0	10	1

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Name	Vorname	Jg.	AK	Verein	Zeit	Pl Ges	Pl.Ak	
445	Rüscher	Dirk	68	M40	Einh. Ueckermünde	1:53:44,0	1	
446	Handorf	Henning	57	M55	Waren	1:54:09,0	2	
417	Safranowski	Heiko	69	M40	HSV Nbg.	1:57:07,0	3	
411	Ott	Mike	65	M45	HSV Nbg.	1:57:07,0	3	
455	Wolschon	Mathias	62	M50	LRT Buetzow	2:03:33,0	5	

440	Bilda	Erwin	52	M60	Turbine	2:06:59,0	6
451	Matthies	Gabi	69	W40	Heiligengrabe	2:09:37,0	7
450	Molenda	Eckhard	57	M55	SV Einh. Ueckermd.	2:13:33,0	8
356	Strobach	Norbert	64	M45	HSV	2:19:20,0	9
447	Meissner	Sabine	59	W50	SV Turbine	2:33:54,0	10
449	Haisch	Patrick	73	M35	Penzlin	2:35:51,0	11
435	Bromund	Bianka	66	W45	Turbine	2:41:22,0	12
436	Bilda	Margitta	51	W60	Turbine	2:52:02,0	13

	Name	Vorname	Jg.	AK	Verein	Zeit	Pl.	Pl.Ak
449	Haisch	Patrick	73	M35	Penzlin	2:35:51,0		1
445	Rüscher	Dirk	68	M40	Einh. Ueckermünde	1:53:44,0		1
417	Safranowski	Heiko	69	M40	HSV Nbg.	1:57:07,0		2
411	Ott	Mike	65	M45	HSV Nbg.	1:57:07,0		1
356	Strobach	Norbert	64	M45	HSV	2:19:20,0		2
455	Wolschon	Mathias	62	M50	LRT Buetzow	2:03:33,0		1
446	Handorf	Henning	57	M55	Waren	1:54:09,0		1
450	Molenda	Eckhard	57	M55	SV Einh. Ueckermd.	2:13:33,0		2
440	Bilda	Erwin	52	M60	Turbine	2:06:59,0		1
451	Matthies	Gabi	69	W40	Heiligengrabe	2:09:37,0		1
435	Bromund	Bianka	66	W45	Turbine	2:41:22,0		1
447	Meissner	Sabine	59	W50	SV Turbine	2:33:54,0		1
436	Bilda	Margitta	51	W60	Turbine	2:52:02,0		1

Walking

Nr.	Name	Vorname	JG	AK	Verein	Zeit	Strecke
300	Knabe	Heike	62	W50	SC Laage	0:52:05,0	5km
299	Nehls	Rainer	55	M55	SC Laage	0:42:07,0	5km
298	Nehls	Teresa	49	W60	SC Laage	0:52:05,0	5km
297	Behrend	Jürgen	38	M70	MSC	1:12:32,0	10km

Gesamtteilnehmer : 124

Waren, 25.2.2012

